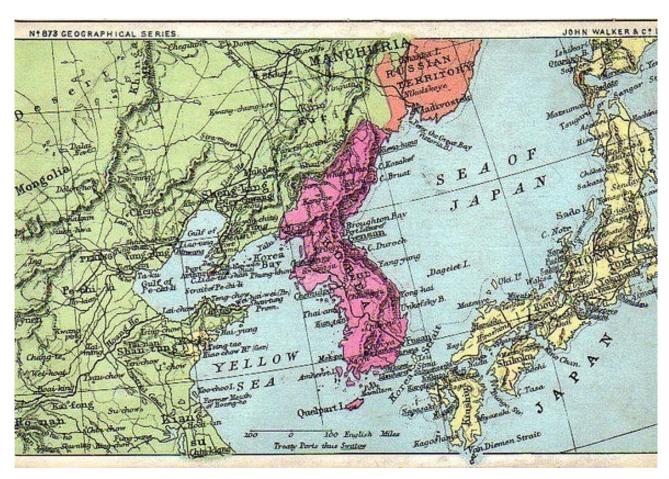
Mark Davies Alexandra ITKD.

I think it would be fair to say no one ever started Taekwon-Do to learn about history. However, it soon becomes apparent to the beginner that there is a lot more to our Art than just kicking and punching; Taekwon-Do is a combination of the physical, moral, spiritual, and the historical woven into a holistic tapestry focussed around Korean culture and values. For me, pattern histories took on a new meaning at blue belt level when I thought about the actions of Ahn Joong-Gun, a 20th century Korean independence fighter who sacrificed his life while trying to remove the yoke of Japanese oppression from his homeland. This elevated the pattern history beyond rote learning, leaving me to wonder about the incredible courage of a man who deliberately chose a course of action knowing that would lead to his death. Consequently; the focus of this essay is the four Chang-Hon patterns that relate to the twentieth century Japanese occupation of Korea: Do-San (7th gup), Joong-Gun (4th gup), Eui-Am (2nd dan), and Sam-il (3rd dan).



East Asia (circa 1900): China, Korea, Japan, Manchuria, & Russia.

To understand the context of the above pattern histories, it is necessary to have a brief overview of the late nineteenth century geo-political situation in East Asia. Global colonisation by major western powers was in full swing and Japan who had been predominantly isolationist until the Meiji Restoration in the 1860's, now looked to pursue her own territorial ambitions. It wasn't long before Japanese attention focused on Korea. Japan had long felt threatened by the proximity of the Korean Peninsula, which they viewed as a buffer between themselves and nearby China; a vast ancient wealthy empire that dominated the region. As a result, the Imperial Government decided that control of the

peninsula was a strategic necessity. Over the next few decades ever increasing friction between China and Japan over Korean interests triggered the First Sino (Chinese) - Japanese War of 1895, with the latter emerging victorious. This opened the way for the realisation of Japanese territorial ambitions within Korea. At the beginning of the twentieth century similar friction between Japan and Russia triggered another war, and when the Russians were defeated, Japan was left as the dominant regional military power. Subsequently unfettered by foreign competition Japan coerced Korea into signing a treaty that made it a Japanese Protectorate in 1905, thereby gaining significant control of the beleaguered nation. In 1910 Japan forced Korea into signing the Japan - Korea Annexation Treaty, thus ending any hope of independent sovereignty. Now Japanese hegemony over Korea was complete and it was time for the exploitation of this resource. Not for the first time in their history were Koreans preparing to resist the Japanese.

Forebodings of this impending storm became apparent during the 1894 Dong-Hak Peasants Revolt. Originally sparked by widespread distrust in an endemically corrupt system, Koreans rose up seeking fairer local governance and a stop to the foreign merchants who were underselling local suppliers. The revolt was quashed in 1895 when

the Japanese usurped the existing Korean Government, replaced it with a pro-Japanese one, and then utilised their military commanders to lead government troops against the primitively armed Dong-Hak. Suffering a crushing loss the Dong-Hak melted away into an underground resistance movement. This is where the four Chang Hon pattern histories enter this narrative. Son Byong Hi (Eui-Am) had served as a field commander under the Dong-Hak leader Choe Si-Hyeong during the revolt. In 1895 Choe was captured and executed leaving Eui-Am as leader. Faced with ever increasing Japanese efforts to assimilate Korean society into their own culture, Eui-Am attempted to preserve the traditional way of life and improve living conditions by less confrontational methods. Continually stymied by ongoing Japanese persecution of the Dong-Hak due to its association with the revolt, in 1905 he changed the name from Dong-Hak (literally: Oriental Culture) to Chondo Kyo (Heavenly Way Religion) in an effort to legitimise it as a non-threatening

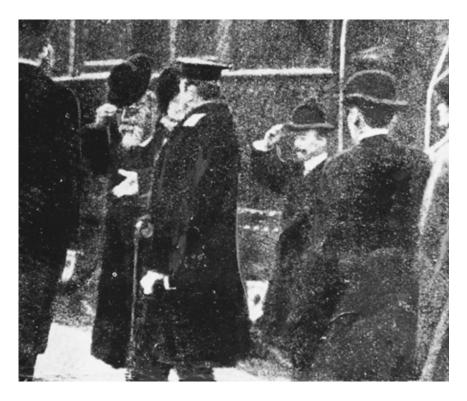


Son Byong-Hi or Eui-Am (1861 – 1922).

indigenous religion. A tireless patriot, Eui-Am worked at improving the lot of Koreans during the dark days of the Japanese occupation. In 1905 Eui-Am's moment on the world stage was yet to come; he would truly emerge as a national leader on March 1st 1919, the day that entered Korean history as 'Sam-il'.

At the turn of the twentieth century, Hiro-Bumi Ito was one of the leading political figures in Japan. In November 1905 he travelled to Korea to force a weakened Government into accepting the Protectorate Treaty. Intimidated by the overwhelming Japanese military presence on the streets of Seoul, the Korean Foreign Minister Pak Che-Sun was left with little choice and signed away his country's autonomy thereby legitimatising the foreign

occupation. Shortly afterwards Ito was appointed first Japanese Governor General of Korea. Under his direction land and resources were shamelessly exploited by the puppet Government and efforts to colonise Korea began in earnest. However, he was not to have it all his own way, the same spirit of nationalistic pride that glowed white hot within the Dong-Hak also existed within other Korean patriots who believed in a more direct approach. Ahn Joong-Gun was just such a man. Around 1907 Ahn was the leader of a small group of Korean guerrillas harassing Japanese troops along the border of Korea and Manchuria with minor success; however larger events were about to overtake him. In September 1909 the Japanese gave the Korean territory of Kand to the Chinese. To Ahn, carving up his beloved homeland was the proverbial 'straw that broke the camel's back'. Incensed, Ahn plotted to kill the man he believed responsible: Hiro-Bumi Ito. Knowing Ito's movements in advance he planned his revenge. On a cold October morning in Harbin Manchuria, Ahn assassinated Ito as he stepped onto a railway platform from a train. There was no escape for Ahn; captured almost immediately, he endured some five months of barbaric torture before being executed at Lui-Shung prison on the 26th of March 1910. Ahn who was just 32 years old, knowingly and willingly laid down his life for his country. Despite Ahn becoming one of Korea's greatest patriots overnight, gunning down Ito only served to increase Japanese antagonism towards his fellow countrymen.



Hiro-Bumi Ito: minutes before his assassination by Ahn Joong-Gun. Harbin Railway Station, Manchuria. 26th October 1909.

At about the same time Ahn Chang-Ho (Do-San) was taking a less confrontational but no less determined approach to the occupation of his homeland. As a Christian, Do-San believed that actively hating his fellow men even if they were Japanese was not for him. His path was to enlighten others through the acquisition of knowledge. Emigrating at a young age to the United States, Do-San was instrumental in improving the welfare of his fellow Korean immigrants. However, the ramifications of the 1905 Protectorate Treaty proved too much to ignore. Returning to Korea in 1907, Do-San set about establishing an underground group called the 'Shimin-Hoe' (New Peoples' Association) with the aim of

gaining independence through the promotion of Korean education, business and culture. It wasn't long before the Shimin-Hoe attracted many patriotic Koreans to its cause, and inevitably came to Japanese attention. In 1911 Do-San again left Korea, eventually returning to the United States where he continued his efforts to promote Korean independence. In 1919 he travelled to Shanghai to set up a provisional Korean Government in exile. There, in conjunction with other key Koreans, Do-San co-authored the Democratic Constitution of Korean Independence. In the following years he travelled internationally spreading his vision for Korea, until eventually detained by the Japanese in 1927. Released shortly afterwards Do-San was now firmly within Japanese sights. Arrested in 1932 he was imprisoned for four years. Arrested again in 1937, Do-San was by now a sick man who was no longer deemed a threat. He was subsequently released and died shortly afterwards. Do-San's legacy was the preservation of Korean culture through education, and the quest for self autonomy in the face of determined Japanese opposition. Perhaps Do-San's own words reflect his unbreakable spirit best, when during an interrogation his captors demanded he cease his subversive ways, Do-San replied:

"No, I cannot. When I eat, I eat for Korean independence. When I sleep, I sleep for Korean independence. This will not change as long as I live ... I don't want to see Japan perish. Rather I want to see Japan become a good nation. Infringing upon Korea, your neighbour will never prove profitable to you".



Ahn Chang-Ho or Do-San (1876 - 1938) on the right, just released from prison, shadowed by Japanese Police Officer partially obscured over his left shoulder. Circa 1937.

In 1919 the Korean Independence Movement had an opportunity to highlight their nation's plight at the post World War One Paris Peace Conference. This would ensure maximum exposure of Korean grievances to the world's most influential nations. Unfortunately due to external political pressure the delegation was blocked from attending. However, echoing out of this forum were the words of the American President Woodrow Wilson, proposing the creation of a League of Nations that would "guarantee the independence and territorial integrity of all nations". Inspired by Wilson's vision, the Korean government in exile drafted the Democratic Constitution of Korean Independence - a document that enshrined their dream of national self autonomy. The declaration was spurred by frustration over international apathy at Korea's situation, coupled with the feeling that their national identity had slipped away when the last Korean Emperor of the Joseon (also known as Yi, or Lee) Dynasty died in January 1919. Aggravating this further was the underlying suspicion of Japanese involvement in the Emperor's death. Motivated by these factors, the 33 leaders of the Korean independence movement headed by Eui-Am decided to announce to an

expectant public the contents of the declaration. Consequently, at 2.00pm on March 1st 1919, the Constitution was read out to gathering crowds in various locations around Korea. In Seoul a copy was signed and sent to the Japanese Governor General by the patriots. The response was predictable: Japanese police and military reacted violently, opening fire into the crowded mass causing many casualties. In the resulting demonstrations around the country approximately 7500 Koreans were killed and 17,000 wounded. Because the majority of the 33 were religious leaders over four hundred churches were set on fire in retaliation, and in one truly barbaric incident the Japanese locked the congregation inside before burning the building to the ground. Then the round up and imprisonment of some 47,000 so called dissidents, including Eui-Am, commenced. While in prison Eui-Am became severely ill and was eventually released to die at home in 1922. Also caught in the Japanese net was Cho Man-Sik (Ko-Dang). Ko-Dang was known for actively pushing education, economic self sufficiency and his public condemnation of the Imperial Government's mandate forcing Koreans to change their surname to a Japanese equivalent. Ko-Dang was later released unscathed and subsequently featured in North Korean post war politics briefly. (The pattern Ko-Dang was removed from the Chang-Hon syllabus in the mid 1980's and replaced with Juche). It is important to note that the Korean uprising was a passive show of resistance only, the Japanese reaction was not.

韓館雲	吳世昌	朴準承	李明龍	羅仁協	金栗祚	孫秉熙	鮮建國四千二百五十二、最後의一人州の最後の一人州の最後の一人州の最後の一人州の最後の一人州の最後の一大州の最後の一大川ののでは、一大が川から、一大の一大の一大の一大の一大の一大の一大の一大の一大の一大の一大の一大の一大の一	一、今日吾人의此學七正義、	の吾等を除佐寺中全世界氣速の吾等を外護寺・十日着手小又成功の三菱進むが暮む口	古集星서活躍制起來輩呼萬號攀黎の星听旱时欣快が復活量成邀討等可整明奮起が도叶良心の我外同存が「再選哩」我外拜進於七도中叶	楽意飽享합及の中我의自足む獨創力を發揮하야春滿む大界에民族的聖吾人そ아ヱ顯驣堂及94と中아ヱ忌憚堂又曾左中我의固有並自由權	いか巴利風暖陽の原	練磨技養羽人道的精神の叶竹天地小眼前列展開刊 左	か要け雪砂川山川十二十十二十十二十十二十十二十十二十二十二十二十二十二十二十二十二十二十二	市各是日出外中東半支寺香門直員を今日吾人の朝鮮獨立を朝鮮人の豆む	福外精疑量せ上系濃厚刑하呼 かと所以から望せいの中此	加賀は世紀から二五	選引和同堂今なるとの米小畢竟姑息的威嚇	ス合理む正經大原。 で 職職宅日本篇政会	町き開拓むの全次コ	現在量網繆かりの無	で文征服者의快量賞を見りる	于修好條規以來時時	可服會強対天計斗退計斗作計判可志を展対又立人類通性叫時代良心の正義の軍斗人道의干退がする。	むけずは大きの州	族的良心平國家的時代を	中一	의痛苦量賞む 八今에	類共存同生權의正當計	族의恒久如一む自由登萬年歴史의権誠量仗か	人類平等의大義量克明等是这叫我鮮朝习獨立	宣言書
洪秉箕	吳藝英	朴熙道	李昇燕	樂甸伯	金昌俊	=tr	京量尊重が京事の	學七正義、人道、生存、	金世界氣運の吾等の	巣星川活潑は起來替び萬粱鏨象の豆の 妙州奮起か도叶良心の我外同存が	以可自足む獨創力の	暖陽の氣脈を振行むや此一時以勢ー リ天地から萬物의回紙を他促かとなら凍氷寒雪の			東羊友寺香川重賞を育ける夏の獨立や朝鮮人の豆が作品正富む生	100日は三四十二十二十二十二十二十二十二十二十二十二十二十二十二十二十二十二十二十二十二	ははは北北外三二千萬の遺籍沿河北後或70~50州均東北と小北道等2直正处理解外同情の基本せ友好的新局面を打開なり彼此間遠顧召2	計和同曾今日之怨滯是去益深造計七今來實績是觀計八升畢竟姑息的威壓可差別的不平耳統計數字上條節의	《合理址正經大原》呈贈還刑替可呈中當初可民族的要求呈对出封網際用日本為彭家の 可名的轉幹。 そ不自然交不合理支鋒語財節		元在是網繆計「別無於吾人名宿昔以懲辦を暇対失計	17 後 生き		色計作作計明何志量展対異計段心の正義の軍斗人道의干支がります。	州苦恥的財產會遺	欧的良心叫國家的聚義의壓縮銷残金與鴌仰張からで舊來의抑鬱全宣暢からか 里時下의 苦痛を擺脱からか 里時下의 苦痛を擺脱が	是民	「痛苦量賞む刃今에十年金過む刃斗我生存権当時代到遺物包侵略主義強権主義의犠牲争作から	艰共存同生権의正常並發動이라天下何物のゼス此を沮止抑制力吴堂2列大機連列順應封進計引為計야此を提起すの川是一天의明命のヨ時 の19日時	展登為から	お中此足州	
洪基兆	鄭春洪	朴東完	李鲤動	梁漢默	權東鎖	TI.	時の豆逸走が八世中 特許民族	存、尊榮登爲から	三外護あいい着で	上の早出欣快をかい中庭理小我の女	世發揮から春滿い	一時以勢一山天日本北寒雪	中立三新文明四曜光音人類の中成力의時代十七十五道義の		一十二段の中	マ東洋全局の共2000年	は成刀のと州内東はといか局面を打開むの彼此問	一个來實績是觀問	「當初州民族的」	何の三州他を嫉		基相	宣食からいから			하려	祖名の子長幾何、	年金過む对引我生存權의劉政另可早長幾何強權主義의犧牲合作的作有史以來累于年例	中天下何物の日不此看祖止抑い此看提起的の日不此看提起的の日本上天의明	主要を	子孫萬代에器か呼民人別自主民自食宣言	
	雀聖模	中决植	李重一	劉如大	權秉惠	白龍城	朝鮮民族代表態度呈かずるみの	尊荣量為計七民族的要求!	于小天成功可引	可早时欣快が復活合成遂が川口中眞理小我外幷進か七도叶男女	む大界の民族的なり国面有む自由権の	地의復運の際かり	●人類의歴史 州投射 が、 ・ ・ ・ ・ ・ ・ ・ ・ ・ ・ ・ ・ ・	おいます	全州小の夏の日支那といいる夢の中子正當が生祭を遂州かと同時日		R 計 と 計 は に 計 は に に は に に に に に に に に に に に に	か 引男明果敢の	要求로서出対か	他喜嫉逐排斥むりむり	対吴計上中今日吾人引	単華が民族心理 単華が民族心理	の の 日本 의無信を 単	大豆 州 護援か 七今日吾・	巴子子孫孫의永	면各個人格의正式	一中新銳斗獨創人	劉褒名の早長幾何一,有史以來累千年の対。	山上抑制力吴堂司大의明命の中時代	र्भा कर	民族自存의正確の言か、一、此之所に	1

The 1919 Korean Declaration of Independence: "We herewith proclaim the independence of Korea and the liberty of the Korean people. This we proclaim to all the nations of the world in witness of human equality ... We hereby rise up! Conscience is on our side, and truth marches with us".

The protests on March 1st 1919, which became known as Sam-il (literally: third month first day) did not generate any hoped for international reaction, the deafening silence that followed only served to remind Koreans that they were totally alone in their struggle for independence. For the Japanese however, it now seem they had a free hand on the Korean Peninsula. As World War Two loomed Japanese exploitation increased with Koreans press-ganged as forced labour, drafted into the Japanese Army (this was the fate of a young Choi Hong Hi) and women coerced into Japanese military brothels. This was paralleled with increasing efforts to subjugate the indigenous culture. The aim was to wring every possible resource out of Korea. The yoke of oppression was finally lifted in August 1945 when the Japanese were defeated by the Allies. Unfortunately even today the world remains largely ignorant of Japanese atrocities in Korea, while similar Japanese actions in Manchuria such as the Nanking massacre of 1937, attracted widespread international condemnation at the time and led to a war crimes prosecution in 1946.

So in retrospect; what do these pattern histories tell us as practitioners of the Art? Firstly, it provides us with a snap shot of the harrowing circumstances that Korea experienced under Japanese rule. History has shown that in such times individuals rise to the occasion and show their incredible leadership potential, such as Britain's iconic Winston Churchill in World War Two. Korea's sons: Ahn Chang-Ho (Do-San), Ahn Joong-Gun, and Son Byong-Hi (Eui-Am) showed unvielding resilience spearheading their Nation's struggle for independence in the face of crushing Japanese opposition. It could be argued that it cost Do-San and Eui-Am dearly, with the appalling prison conditions and subsequent mistreatment contributing to their early deaths. These men showed the true meaning of courage, determination and indomitable spirit: unyielding in their personal convictions whatever the cost. Ahn Joong-Gun suffered several months of unimaginable torture before being sent to the gallows. Ahn's devotion to his homeland never wavered; just before his execution he wrote that his beloved Korea had "the best rivers and mountains" in the world. Sam-il illustrates the shining light of human hope that eternally burns within, even during our darkest hours. Collectively they are an inspiration to us. Looking at this from a wider perspective; when General Choi Hong Hi, the founder of Taekwon-Do, matched the twenty four patterns of our Art with key figures and events in Korean history it effectively removed them from the shadow of obscurity and exposed them to a world wide audience, thereby keeping their legacy and significance alive. So how can we be a part of this? It's simple really, for as the General said "each movement in a pattern must express the personality and spiritual character of the person it is named after". So I challenge you - the next time you are about to perform one of these patterns. pause for just a brief second and reflect on the incredible history behind the movements.

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Illustrations.

#1 Map: China, Japan, & Korea circa 1900, Flickr. Website: https://www.pinterest.nz/pin/385409680586333574/

#2 Image: Son Byong-Hi (Eui-Am). Wikipedia contributors, "Son Byong-hi," Wikipedia, The Free Encyclopedia. Website: https://en.wikipedia.org/w/index.php?title=Son_Byong-hi&oldid=1072898591

#3 Image: Harbin Railway Station, Manchuria. Photograph of Japanese Governor General Hiro-Bumi Ito moments before his assassination. Korea Times. Website: http://www.koreatimes.co.kr/www/news/culture/2015/03/317_176195.html

#4 Image: Ahn-Chang Ho. Title: Dosan Ahn Chang Ho released from prison. Date: Circa 1937, Collection: Los Angeles Public Library Photo. Los Angeles Public Library, Calisphere. Website: https://calisphere.org/item/9c146d29de154c0cc9bbac1d32cd2519/

#5: Image: The Korean Declaration of Independence. Wikisource contributors, "Proclamation of Korean Independence," Wikisource. Website: https://en.wikisource.org/w/index.php?title=Proclamation_of_Korean_Independence&oldid=11526292