

ITFNZ PRESENTS THE 4TH

STRIPES

1 to 1

4TH DANS AND ABOVE 1PM TO 1 PM - TAUPO 2007

The forth seminar for 4th dans and above is to be held at the Suncourt Motor Inn, Taupo from 1 pm Saturday to 1 pm Sunday, 3rd and 4th November 2007.

INSTRUCTORS:

MASTER EVAN DAVIDSON & MASTER PAUL MCPHAIL



COST:

Cost is all inclusive, including accommodation at the Suncourt Motor Inn (share basis) all meals (afternoon tea and a set menu dinner on day 1 and breakfast, morning tea and lunch on day 2) plus use of facilities and all training. Anyone wishing to have their own room accommodation please add \$45.

Only \$150

(Discounted to \$130 paid before 1 October 2007)

APPLICATION FORM:

(Please return to: Technical Director, PO Box 75-549, Manurewa, Auckland)

Name:

Address:

Phone: Email:

- ☐ Enclosed payment in full at discounted rate of \$130, if paid before 1 October 2007
- ☐ Enclosed payment in full at the normal rate of \$150, if paid after 1 October 2007
- ☐ I require my own room accommodation (Add \$45)
- ☐ Enclosed is \$100 as I do not require any accomodation (food & seminar only)

Make cheques payable to ITFNZ

What to bring:

Dobok, tidy casual clothing for eveing meals, pen and paper, togs.
WE LOOK FORWARD TO RECEIVING YOUR APPLICATION

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PROGRAM

SATURDAY

12.30pm	Check in/Settle in
12:50pm	Assemble in Dobok at training area (PHOTO)
1:00pm	Form up and introductions
1:15pm	Warm up
1:30pm	Workshop 1
<u>3:30pm</u>	<u>Break - afternoon tea</u>
4.00pm	Workshop 2
5:30pm	Finish
<u>6:30pm</u>	<u>Dinner</u>
8:00pm	Special Guest

SUNDAY

7:00am	Rise and shine
7:30am	Lake Shore Visit (optional)
<u>8:00am</u>	<u>Breakfast</u>
9:00am	Workshop 3
<u>10:30am</u>	<u>Morning tea</u>
11:00am	Discussion - planning.
<u>12.30pm</u>	<u>Lunch</u>
1.00pm	Finish.