



## Flying/Jumping Kick Seminar

### Auckland

Sunday **25** September

3.30pm – 5.30pm

Learn from Coaches to World Champions

Mr Jon Sawden, Master Rocky Rounthwaite

'Man Cave', 198 Marua Rd, Ellerslie

Yellow belts and above

\$20 individual, \$35 family of two or more

(attend the power breaking seminar and receive **50% discount** to this seminar)

Pre seminar registration required at <http://itkd.co.nz/events/register/event.php>

(Pay on the day)

Photos include – Carlie Dann, Mark Rounthwaite, Jon Sawden  
Nichola Tse, Master Rocky Rounthwaite