

FAQ

Please do not leave entering to the last minute because if you have problems you need to leave time for your instructor to sort out any problems before the cut off date.

What time do I have to be at the venue?

Forms with the divisions you are entered in and ring assignment will be available from 8.15am, Form Up is at 8.45am.

What do I use as my age on the entry form?

Your age is your age on the tournament date, 20th May.

What grade do I use on the entry form?

Your grade is your grade on the day of the tournament.

What are the rules?

They are the IFTNZ rules found here [2018 Tournament Rules](#)

Note amendments are listed below.

My kids are doing the mini kids or kubz syllabus. What grade are they?

They are 10th kup (white belt) for the purpose of this tournament irrespective of their mini kids or kubz rank.

What events can I enter in?

All events are open to all competitors (patterns, sparring, power and specialty breaks) are open to all grades. There is also team patterns and pre-arranged sparring. Team members must come from the same club. Sparring is not available for Kubz ages.

Can I enter after the cutoff date.?

The region has decided that late entries will no longer be accepted.

Can I cancel my entry?

Yes, up to the cutoff date. All cancellations after that date will be refunded less a \$10 admin fee per person.

What sparring gear will I require?

Mouthguard, groin guard (for males), gloves and foot protectors. Shin guards are optional. All protective gear must be ITF approved.

Peewees & minikids only will be provided gloves and foot gear. (you must supply your own mouth guard and groin guard)

Headgear will be provided for all ages. (you can optionally use your own)

Where do I buy gear from?

Please consult your instructor. Top Pro will have a stand at the venue on the day for you to purchase sparring gear, uniforms and other products.

How do I know which ring I'll be competing in?

When you enter in the morning a sheet will be given to all competitors with information about the divisions you are entered into and approximately what time and ring they will be held in. Please check in with the ring marshal closer to the time for more detailed times on the day.

Is food and drink available for purchase?

AMI Netball have a café on site.

What time will the tournament end?

We aim to finish by 4pm. However the last event you are entered into may finish earlier.

What is the schedule of events?

Team patterns will be first.

Individual patterns next.

Sparring, Power & Specialty from mid morning onwards.

Team Prearranged yet to be determined

Team Sparring last..

What are the age divisions?

Kubz	3-5 years old
Minikids	6-8 years old
Peewee	9-10 years old
Intermediate	11-14 years old
Junior	15-17 years old
Adult	18+
Veterans	35+

Patterns

There will be 2 designated patterns. The first will be the highest pattern from your current rank. The second will be any pattern from Chon- ji up to your current grade chosen at random. For black belts the first designated pattern will be chosen at random from your current 3 patterns. The second will be any other pattern up to your grade but excluding the first pattern chosen.

10th gups will do Saju maki (both sides) and Saju jirugi (both sides) as your 2 patterns.

9th gups will do Chon- ji and Saju jirugi (both sides).

Kubz will do line work instead of a pattern. The following techniques will be repeated 4-8 times.

Middle punch in stitting stance

Walking ready stance

Front Snap kick on the spot

Low block on the spot.

Sparring

Sparring will be 2 x 2 minute rounds.

Head gear will be provided for all competitors.

Gloves and foot protectors will be provided for *peewees only*.

Competitors must provide their own mouth guard. Males must have a groin guard. Padded shin guards are allowed but will not be provided.

Contact level is touch for Intermediate and above. Peewees contact level is “kiss” contact (tag contact).

Power Techniques.

Rebreakable boards will be used.

			Forefist Punch	Front snap kick	Elbow	Knife-h and	Side Kick	Turnin g Kick	Revers e Turning
Minikids & kubz (8yrs & under)	Coloured Belts	Male	pad	pad					
	Coloured Belts	Female	pad	pad					
Peewee (9-10yrs)	Coloured Belts	Male			1blue		1blue	1blue	
	Coloured Belts	Female			1blue		1blue	1blue	
Intermediate (11-14yrs)	Coloured Belts	Male			1green		2green	1green	1green
	Coloured Belts	Female			1green		2green	1green	1green
	Black Belts	Male			2green		2green	2green	1green
	Black Belts	Female			2green		2green	2green	1green
Junior (15-17yrs)	Coloured Belts	Male			2green		2green	2green	1 green
	Coloured Belts	Female			2green		2green	2green	1green
	Black Belts	Male			1white	1white	2white	2white	1white
	Black Belts	Female			1white	1white	1white	1white	1white
Adult	Coloured Belts	Male			2white	1white	2white	2white	1white
	Coloured Belts	Female			1white	1white	2white	1white	1white
	Black Belts	Male			2white	2white	3white	2white	2white
	Black Belts	Female			1white	1white	2white	2white	1white

Mini kids & Kubz (8 years old and under)

Power event will be hitting a pad. The total distance of the 2 techniques will be added together to give the placings.

Specialty Techniques

Height of target in metres.

			Flying High front Kick	Flying High side Kick	Flying High Turnin g Kick	Flying Mid Air Kick	Flying Reverse Turning Kick
Peewee, Minikids & Kubz (9-10yrs)	Coloured Belts	Male	to pad				
	Coloured Belts	Female	to pad				
Intermediate (11-14yrs)	Coloured Belts	Male	1.8	.9	1.4	1.4	1.4
	Coloured Belts	Female	1.7	0.8	1.3	1.3	1.3
	Black Belts	Male	1.9	1	1.7	1.6	1.6
	Black Belts	Female	1.7	0.9	1.6	1.5	1.5
Junior (15-17yrs)	Coloured Belts	Male	1.9	1	1.7	1.6	1.6
	Coloured Belts	Female	1.7	0.9	1.6	1.5	1.5
	Black Belts	Male	2.0	1.1	1.8	1.7	1.7
	Black Belts	Female	1.8	1	1.6	1.5	1.5
Adult	Coloured Belts	Male	2	1.1	1.8	1.7	1.7
	Coloured Belts	Female	1.8	1	1.7	1.6	1.6
	Black Belts	Male	2.1	1.2	1.9	1.8	1.8
	Black Belts	Female	2	1.1	1.7	1.6	1.6

Team Patterns (5 per team)

Divisions will be broken divided by age for Coloured Belts into :

Mini kids/Peeweeks (under 10years)

Intermediate/Junior (11 - 17 years)

Adults. (18years +)

Black belt (any age but all team members must be black belt)

Each division is mixed rank and gender but all team memebr must be in the age group.

Pre-arranged Sparring

Your routine must be between 45 and 60 seconds. Divisions will be broken down into

Peeweeks/Intermediate

Juniors/Adults

Black Belts

All team members must be in the above age divisions.

Team Patterns (3 per team) limited to 1 male and 1 female team per club.

This will be restricted to adults (any grade). Divisions will be male and female.
3 x 2 minute rounds. Different team member to compete in each round.

Winner of the most rounds wins.

In the event of a draw 4th round will be sudden death, first point to score wins.