

# **Covid Protection Framework (CPF)**

**ITFNZ**

**Version #3 14/01/22**

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The ITFNZ Covid-19 Protection Framework references the Sport NZ CPF guidance for play, active recreation, and sport. Sport NZ is the New Zealand Crown entity responsible for governing sport and recreation in New Zealand.

This document will continually be reviewed and refined in line with any changes to the Sport NZ CPF, and the specific nuances and practicalities for teaching and training International Taekwon-do (ITKD).

## 1. Executive Summary

This version replaces all previous versions issued. Please note this version is substantially different to previous advice.

The CPF category a ITKD club operates under is dependent on the type of facility used, subject to the hirer's conditions:

<b>Type of Facility</b>	<b>CPF Category</b>
School Halls	Gathering
Council Facilities	Public Facilities
Martial Arts Gyms with multiple disciplines	Gyms
Privately owned facilities	Gathering

Activities outside of club trainings are as follows:

<b>Activity</b>	<b>CPF Category</b>
Gradings	Gatherings
Education Courses and Seminars	Gatherings
Regional Tournaments	Event
Star Series Tournaments	Event
National Tournament	Event

## 2. Introduction

The purpose of this document is to provide the ITFNZ community with guidance and recommendations to help ensure members can safely participate in ITKD.

On 3<sup>rd</sup> December 2021, New Zealand moved from the 4-level COVID-19 Alert System into the **Covid Protection Framework (CPF)**. This document outlines how ITFNZ can operate in compliance with the CPF.

The CPF provides freedoms based on the vaccination status of individuals. The best protection against Covid-19 remains vaccination.

***ITFNZ supports the Covid-19 vaccination programme and encourages our members to look after themselves, their whānau and communities by getting vaccinated.***

As the Covid-19 situation and advice continues to evolve, our aim is to keep members informed of changes. Government advice is listed on the COVID-19, Ministry of Health and Sport NZ webpages.

<https://covid19.govt.nz/>

<https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus>

<https://sportnz.org.nz/covid-19-response/covid-19-protection-framework/>

## 3. CPF General Guidance

The CPF establishes the following community conditions:

**Red** Action is needed to protect at-risk people and protect our health system from an unsustainable number of hospitalisations.

**Orange** There will be community transmission, with pressure on our health system. The whole of health system is focussing its resources, but can manage primary care, public health, and hospitals. There may also be an increasing risk for at-risk people.

**Green** COVID-19 is across New Zealand, including sporadic imported cases. Community transmission is limited. COVID-19 hospitalisations will be at a manageable level. The health system will be ready to respond, including primary care, public health, and hospitals.

The key public health messages of the Alert Level system remain:

- Anyone who is sick should stay home. This includes instructors, students, and whanau
- Anyone with cold/flu like symptoms should get a COVID-19 test.
- Scanning in using the NZ tracer app.

The CPF introduces new terminology and changes to definitions compared to the Alert Level system, which are explained in the Definitions section.

The Sport NZ CPF guidelines dated 22 December 2021 are on the next page.

# How Sport and Recreation will operate under the CPF

Sport and rec Activity/setting	CPF category	RED		ORANGE		GREEN	
		With My Vaccine Pass	No My Vaccine Pass	With My Vaccine Pass	No My Vaccine Pass	With My Vaccine Pass	No My Vaccine Pass
Organised community sport and rec. (includes indoor and outdoor, controlled and uncontrolled entry) (e.g. cricket, touch, netball, basketball)	Gathering	Up to 100 people per gathering (based on allowing 1m <sup>2</sup> of space per person) Facemasks encouraged when not playing	Up to 25 people per gathering (based on allowing 1m <sup>2</sup> of space per person) Facemasks encouraged when not playing	Open, no limits  Facemasks encouraged when not playing	Up to 50 people per gathering (based on allowing 1m <sup>2</sup> of space per person) Facemasks encouraged when not playing	Open, no limits	Up to 100 people per gathering (based on allowing 1m <sup>2</sup> of space per person)
Unorganised (social) sport and rec (indoor and outdoor, controlled and uncontrolled entry) (e.g. friends playing touch, casual group bike ride)	Gathering	Up to 100 people per gathering (based on allowing 1m <sup>2</sup> of space per person) Facemasks encouraged when not playing	Up to 25 people per gathering (based on allowing 1m <sup>2</sup> of space per person) Facemasks encouraged when not playing	Open, no limits  Facemasks encouraged when not playing	Up to 50 people per gathering (based on allowing 1m <sup>2</sup> of space per person) Facemasks encouraged when not playing	Open, no limits  Facemasks encouraged indoors when not playing	Up to 100 people per gathering (based on allowing 1m <sup>2</sup> of space per person)
Sport and recreation 'events' (indoor and outdoor with controlled entry) (e.g. athletics competition, squash multiday tournament)	Event	Up to 100 people, based on allowing 1m <sup>2</sup> of space per person, seated and separated Facemasks encouraged	Event cannot go ahead  Facemasks encouraged	Open, no limits  Facemasks encouraged	Event cannot go ahead  Facemasks encouraged	Open, no limits	Spectators allowed. Up to 100 people based on allowing 1m <sup>2</sup> of space per person, seated and separated
Professional and semi professional sport 'events' (indoor and outdoor with controlled entry) (e.g. international ticketed sports events, with professional players)	Event	Up to 100 people, based on allowing 1m <sup>2</sup> of space per person, seated and separated Facemasks encouraged	Event can go ahead without spectators  Facemasks encouraged	Open, no limits  Facemasks encouraged	Event can go ahead without spectators  Facemasks encouraged	Open, no limits	Spectators allowed. Up to 100 people based on allowing 1m <sup>2</sup> of space per person, seated and separated
Gyms (including facilities like boxing gyms, martial arts gyms, dance and yoga studios)	Gyms	Up to 100 people (based on allowing 1m <sup>2</sup> of space per person) Facemasks encouraged when not exercising	Cannot operate	Open, no limits  Facemasks encouraged when not exercising	Cannot operate	Open, no limits	Up to 100 people (based on allowing 1m <sup>2</sup> of space per person)
Outdoor exercise groups (e.g. boot camp)	Gathering	Up to 100 people per gathering (based on allowing 1m <sup>2</sup> of space per person) Facemasks encouraged at all times when not playing	Up to 25 people per gathering (based on allowing 1m <sup>2</sup> of space per person) Facemasks encouraged at all times when not playing	Open, no limits  Facemasks encouraged at all times when not playing	Up to 50 people per gathering (based on allowing 1m <sup>2</sup> of space per person) Facemasks encouraged at all times when not playing	Open, no limits  Facemasks encouraged indoors when not playing	Up to 100 people per gathering (based on allowing 1m <sup>2</sup> of space per person) Facemasks encouraged indoors when not playing
Intra-school sport and recreation (in school grounds, indoor and outdoor, curriculum based only <sup>1</sup> )	Education	No restrictions at any level, no vaccine requirements	No restrictions at any level, no vaccine requirements	No restrictions at any level, no vaccine requirements	No restrictions at any level, no vaccine requirements	No restrictions at any level, no vaccine requirements	No restrictions at any level, no vaccine requirements
Non-curriculum based School sport (on school grounds, indoor and outdoor; may include supporters from outside the school)	Gathering	Up to 100 people per gathering (based on allowing 1m <sup>2</sup> of space per person) Facemasks encouraged at all times when not playing	Up to 25 people per gathering (based on allowing 1m <sup>2</sup> of space per person) Facemasks encouraged at all times when not playing	Open, no limits  Facemasks encouraged at all times when not playing	Up to 50 people per gathering (based on allowing 1m <sup>2</sup> of space per person) Facemasks encouraged at all times when not playing	Open, no limits  Facemasks encouraged indoors when not playing	Up to 100 people per gathering (based on allowing 1m <sup>2</sup> of space per person) Facemasks encouraged indoors when not playing
Clubrooms	Gathering	Up to 100 people per gathering (based on allowing 1m <sup>2</sup> of space per person)  Facemasks encouraged at all times when not playing	Up to 25 people per gathering (based on allowing 1m <sup>2</sup> of space per person)  Facemasks encouraged at all times when not playing	No limits  Facemasks encouraged at all times when not playing	Up to 50 people per gathering (based on allowing 1m <sup>2</sup> of space per person)  Facemasks encouraged at all times when not playing	No limits  Facemasks encouraged at all times when not playing	Up to 100 people per gathering (based on allowing 1m <sup>2</sup> of space per person)  Facemasks encouraged at all times when not playing
Clubrooms with hospitality offering	Hospitality	Up to 100 people, based on allowing 1m <sup>2</sup> of space per person, seated and separated	Takeaway service only	Open, no limits	Takeaway service only	Open, no limits	Up to 100 people, based on allowing 1m <sup>2</sup> of space per person, seated and separated
Council-owned pools and rec centres	Public facilities	Open – with capacity limited based on allowing 1m <sup>2</sup> of space per person Facemasks are mandatory at all times when not playing, except at pools	Open – with capacity limited based on allowing 1m <sup>2</sup> of space per person Facemasks are mandatory at all times when not playing, except at pools	Open, with capacity limits based on allowing 1m <sup>2</sup> of space per person Facemasks are mandatory at all times when not playing, except at pools	Open, with capacity limits based on allowing 1m <sup>2</sup> of space per person Facemasks are mandatory at all times when not playing, except at pools	Open, no limits  Facemasks encouraged indoors when not playing	Open, no limits  Facemasks encouraged indoors when not playing
Professional/ semi-professional sport (see above for professional and semi-professional sport events)	Workplaces	Professional and semi-professional sport can take place. Working from home may be appropriate for some staff. Workplace to determine if employees need to be vaccinated. You can use the following assessment tools to decide this: <a href="#">Business NZ assessment</a> and <a href="#">Worksafe assessment</a>		Professional and semi-professional sport can take place. Workplaces can open. Workplace to determine if employees need to be vaccinated. You can use the following assessment tools to decide this: <a href="#">Business NZ assessment</a> and <a href="#">Worksafe assessment</a>		Professional and semi-professional sport can take place. Workplaces can open. Workplace to determine if employees need to be vaccinated. You can use the following assessment tools to decide this: <a href="#">Business NZ assessment</a> and <a href="#">Worksafe assessment</a>	

<sup>1</sup> Ministry of Education to provide further guidance on curriculum-based sport and recreation.

## 4. CPF ITKD Guidance

### 4.1 Can Taekwon-Do clubs mandate vaccinated members only?

**Yes.** Clubs can mandate only vaccinated members may attend classes by making vaccination a condition of entry to the Dojang.

**This includes students, instructors, staff, spectators, and whanau.**

The facility owner and club should work together to establish who is responsible for ensuring the check of MVPs on entry. Considerations include who will be controlling the entry points, how to prepare them for this role, and the practicalities of siting and scanning of MVP's.

Businesses have the right to refuse people who are not vaccinated. The concern is exposing volunteers to dealing with a person who does not wish to comply with requirements. Consider what kind of behaviour might mean you call the Police.

### 4.2 Facilities

For clubs that hire their facility, the facility proprietor (e.g., owner, manager, school, board, etc) may set their own CPF requirements as part of their terms of hire, which must be complied with. These requirements are not going to be a standard application across the country.

Clubs should consult with the facility proprietor about their operational plans to safely run ITKD under the CPF.

The Ministry of Education has published guidance to schools that the hiring of school facilities for non-curriculum, out of hours sport, involving people from outside the school, may only go ahead at Red or Orange if a vaccination certificate is required.

### 4.3 Covid Vaccination Certificates

A Covid Vaccination Certificate ('My Vaccine Pass') shows if a person has had an approved COVID-19 vaccine in New Zealand or has a medical exemption.

The My Vaccine Pass will state a person's name, date of birth and a QR code. It can be stored on a digital device, like a mobile phone, or be a physical copy. The pass has an expiry date six months after the date of issue.

Clubs can scan the QR code on the My Vaccine Pass using the NZ Pass Verifier app to confirm the person's vaccination status. The NZ Pass Verifier app does not store any data – it just validates the My Vaccine Pass QR code.

The NZ Pass Verifier app can be downloaded onto a mobile device from the Apple store or Google Play sites. You will need internet access to download the app but not to verify the QR code. The Ministry of Health recommends that you connect the verifying devices to the Internet on a regular basis to ensure it can verify all valid My Vaccine Passes.

**Clubs cannot accept a purple vaccination card or vaccination confirmation letter as proof of vaccination status.**

My Vaccine Pass is not an identification document. Paper versions could be copied for use by other persons. You can ask for further ID if you have concerns.

If there are any changes in vaccination requirements, (for example having a third dose), the current vaccine certificate would remain effective until its' expiry date. Any new vaccination certificate could not be issued until the new requirements are satisfied.

#### 4.4 Storing MVP Information

Clubs may record the vaccination status of their members rather than requiring them to scan at every training. The only information required is the person's name and expiry date.

Any person who does not wish their status to be recorded will need to show their pass and have it verified each time they wish to enter the premises.

The ITFNZ database system has been updated to allow member's vaccination status to be captured.

**The Vaccine Pass Expiry Date** field is available in the Member edit screen to fill in for each student, on sighting their official Pass. On your Club Menu, the Update Vaccine Status allows quick entry, the Status List will show all club members with their expiry dates. Expired entries are in Red, and entries due to expire within 4 weeks in Orange. The Vaccine Status will not affect or restrict any database activity, e.g., registrations.

#### 4.5 Do Instructors/Volunteers need to be Vaccinated?

**No.** However ITFNZ recommends that instructors and volunteers are vaccinated for their own health and others.

#### 4.6 Face Masks and Hand Sanitisation

Hand sanitising should occur upon entry and exit of the Dojang. The CPF recommends all people wear face masks on entering and exiting the Dojang (in public areas), students wear face masks when not exercising, and spectators wear face masks at all times.

#### 4.7 Can members use a negative covid test to enter a club?

**No.** A negative covid test is not a substitute for a MVP.

#### 4.8 Can students train if they have only had one vaccine dose?

**No.** One vaccine dose does not constitute a MVP.

#### 4.9 Do we have to check every MVP on entry if they are required?

For regular members, their information need only be sighted initially (refer 4.4 Storing MVP Information). When their MVP expires, you will need to sight their new MVP before allowing entry.

For new attendees - **Yes** unless aged under 12.

If you allow spectators/parents in the venue, then their MVPs will also need to be sighted. These can also be stored if they are regulars and consent.

#### 4.10 Physical Contact and Distancing

Physical contact (e.g., sparring, self-defence, pad work etc) **is allowed at all levels of the CPF.** Equipment can be shared but should be cleaned at the end of every class.

There is no social distance requirement, but there is a capacity limit based on available space (measured in m<sup>2</sup>) in the Dojang. There must be at least 1m<sup>2</sup> of space available in the Dojang per person e.g., if there are 50 students, the Dojang must be at least 50m<sup>2</sup>.

Spectators are included within capacity requirements. Instructors (including assistants, examiners, etc) and staff **are not included** within capacity requirements.

#### **4.11 Under 12's and Exemptions**

Children aged 5 to 11 will be able to get vaccinated from 17 January 2022 however Government is not making this mandatory. Students aged under 12 years and 3 months can attend class at all levels of the CPF and are counted as part of limited capacity requirements.

Anyone claiming a medical exemption will have a MVP that looks the same as anyone else. It does not state medical exemption. Doctor certificates or other forms of exemptions are not accepted.

For people who have an approved exemption, reasonable accommodations or adjustments may be required to ensure no unlawful discrimination arises.

#### **4.12 Managing Classes**

ITFNZ recommends 10-15 minutes is allocated to changeover between session times to avoid congestion at entries and exits, and for the cleaning of shared equipment.

This changeover time is important where there are shared entrances/exits. One class needs to leave before another enters. This needs to be clearly communicated to students along with where they congregate outside the facility.

Clubs and facilities may switch between operating under vaccination pass required/not required, provided that the facility is cleaned between groups.

## **5. Definitions**

The Covid-19 Protection Framework (CPF) introduces new terminology and changes to the Alert Level system, which are important to understand.

### **Defined Indoor Space**

A defined indoor space is a single space if there are walls (permanent or temporary) that substantially divide each space, and the space does not share direct airflow with another indoor space. You cannot have two gatherings sharing the same space.

### **Distancing**

Under the Alert Level system, people had to stay 2m apart from each other.

In the CPF, distancing refers to a capacity limit based on allowing 1m<sup>2</sup> per person.

Example a 50m<sup>2</sup> hall will have a capacity limit of 50 people.

There are no requirements for physical distancing, and you do not need to wear a mask when exercising. Physical contact is permitted i.e., sparring.

### **Event**

An event is an activity organised by a business or service that is held at commercial premises or private premises, publicly owned premises for the purpose of the activity, or an outdoor area where a group of customers and clients is accompanied or supervised by a worker providing services to that group (for example, a guided tour). Entry is controlled through ticketing, fees, registration or by any other means. It excludes any activities at a private home.

### **Gathering**

A gathering is people who are intermingling in a group but excludes people who remain at least 2 metres away from each other, so far as reasonably practicable. It includes gatherings to undertake voluntary or not-for-profit sporting, recreational, social, or cultural activities.

### **Gym**

A gym is an indoor exercise facility for which access is limited to members. This includes martial arts gyms, boxing and combat gyms, personal training studios, yoga studios and dance studios.

Gyms must use vaccine passes to open at Orange and Red. They can choose whether to use vaccine passes at Green but have capacity limits if they do not use them.

Workers at gyms who are opening in Green, Orange, and Red with vaccine passes must be vaccinated.

### **Public Facility**

A public facility is a premise owned or managed by central or local government, and used for recreational, social, community, or cultural activities and services, and are open to the public. They can be a mix of indoor or indoor and outdoor premises.

Public facilities exclude premises used exclusively for an event or gathering and exclude recreation facilities that require membership to enter (for example, gyms).