

4 April 2025

Dear Members, Instructors and Board Directors

Final Notice of Annual General Meeting

This notice confirms the 43rd Annual General Meeting of the International Taekwon-Do Foundation of New Zealand Incorporated will be held by Zoom Meeting on **Sunday 27 April 2025 at 10.00am.**

This is the first Annual General Meeting being conducted under the new constitution adopted on 2 February 2025 and registered with the Registrar of Incorporated Societies.

Final Agenda

1. Confirmation of the minutes of the previous Annual General Meeting dated 28 April 2024.
2. Confirmation of the minutes of the Special General Meeting dated 2 February 2025.
3. Presentation of Annual Report and Audited Financial Statements for the year ended 31 December 2024.
4. **Election of Elected Directors**

There are two Elected Director vacancies due to:

- The completion of an existing Elected Director term.
- The second Elected Director position has arisen from increasing the board size from 6 to 7 directors under the new constitution adopted 2 February 2025.

Two applications have been received:

- Sean Carver
- Nick Lourantos

Their profiles are attached.

In accordance with clause 6.9 (e) of the constitution:

“if the number of nominees is equal to or less than the number of Elected Board Member positions to be filled, then:

- (i) *a vote will still be held in relation to each nominee, by secret ballot or any other method of voting required by the Board; and*
- (ii) *a nominee shall be declared elected provided that their election is supported by at least 50% of the votes cast.”*

Clubs will vote on each applicant.

5. Appointed Board Member Update.
6. Consideration of any motions proposing to amend the Constitution.
 - No notice of any motions proposing to amend the constitution have been received.

7. Consideration of any Other Items of Business.

- Life Memberships: The Board has recommended the member clubs consider awarding the following people ITFNZ Life Membership as per clauses 4.15 and 4.16 of the constitution. The last membership was awarded in 2012.

Name	Services to ITFNZ and Taekwon-Do
Grand Master 'Rocky' Rounthwaite	Started Taekwon-Do in 1976. Promoted to Grand Master 2023. ITF A Umpire, officiating at numerous World Championships and events. Master Examiner. Regular presenter at Instructor Update Courses and other events. Inducted into the New Zealand Martial Arts Hall of Fame 2013. Has taught Taekwon-Do in New Zealand, Papua New Guinea, Australia, and Thailand. Runs RTR club in Napier.
Master Lawrence Mantjika	Started Taekwon-Do in 1984. 7th Dan. ITFNZ President 1998-2000. World Championship competitor 1995, 1997. ITF B Umpire. Examiner. New Zealand Assistant Coach 1999, 2003, 2005, 2011, 2013, 2019, 2023. Runs Southern Cross club in Palmerston North.
Dennis Burns	Started Taekwon-Do aged 40 in 1997 with family. 4 th Dan. ITFNZ Chairman 2008-2019. First chair under new board structure introduced in 2008. Instructs at Kelburn club.

Voting Entitlements

Each club is entitled to 1 vote per 20 registered members, or part thereof, who are registered in the JustGo Membership system by **12 noon Friday 25 April 2025**.

Voting can be in person at the AGM or by proxy as per the attached form.

Please do not hesitate to contact myself if you have any queries.

Shaun Tolley
Operations Executive
t: (09) 5372373
e: operations@itkd.co.nz

Nick Lourantos

Bid for Election / Appointment to the Board of International Taekwon-Do Foundation of New Zealand

Personal Details

Private Address: 37 Ashleigh Crescent, Miramar, Wellington

Mobile: 021 439482

Email: nick.lourantos@gmail.com

LinkedIn: <http://nz.linkedin.com/in/nick-lourantos>

What I've already done for International Taekwon-Do

- Chairman and Lead Team Member ITF Taekwon-Do World Championships 2011 Ltd 2009 – 2011
- Wellington Regional Director 1996 – 2013
- Lead Team Member OTF Oceania Championships 2010 2010
- Member of the ITFNZ Board (Board Chair 2019-2024) 2018 - 2024

Key awards I've attained

- 2009 ITFNZ Presidents' Award for Outstanding Contribution
- 2011 ITFNZ Presidents' Award for Outstanding Contribution
- 2011 Wellington Sports Awards - Co-volunteer of the Year
- 2024 ITFNZ Presidents' Award for Outstanding Contribution



What I'd like to do for International Taekwon-Do

- Help ITFNZ grow its membership base by empowering instructors;
 - View the implementation of the Strategic Plan during 2024
- Complete the migration of the ITFNZ Board to a strong Governance based role.
- Continue to attract great Governance focused Directors and establish a strong Portfolio relationship with the Operational Team.

Key skills I bring to the ITFNZ Board

<i>Strategic thinking</i>	I have a deep understanding of strategic analysis, developing and implementing strategy.
<i>Business thinking</i>	Using my professional experience, I bring General Management level leadership skills to the Board that can be mixed with strong Taekwon-Do leadership already present on the Board.
<i>Team Leadership</i>	As a past Regional Director I bring strong leadership, and grass roots representation to the Board.
<i>Needs Analysis</i>	In my professional roles, I have helped develop new products and services through clear understanding of customer and staff needs. These skills are transferable to the ITFNZ Board.

<i>Stakeholder Management</i>	I understand and have experience at maintaining excellent business and volunteer relationships both internally and externally.
<i>Facilitation and teaching</i>	I'm deeply involved in the running of the ITKD Miramar Taekwon-Do Club. My focus on teaching juniors enables me to understand the needs of young students, as they develop into adults and future leaders.
<i>Communication</i>	I love talking. I write okay and I present with confidence.
<i>Financial Management</i>	I have been a Board Member of an NZX-listed TeamTalk Ltd subsidiary and understand the importance of strong financial management. That experience enabled the 2011 World Championships company to host a successful competition; and pay circa \$100,000 tax-free dividend to ITFNZ.

Key things I've done in my professional career

I have both Business and Taekwon-Do sport management experience. I was a senior staff member of listed NZX Company Vital (ex TeamTalk) Limited where I have undertaken 4 key roles over the 25 years in the TeamTalk Group of companies;

1. Customer Engineering
2. Sales and National Account Management Roles
3. General Manager of Wireless Broadband Division
4. Strategic Business Development Role

Over the last 5 years I have focused my attention to Property Management and Co-Instructor at ITKD Miramar Club while juggling 4 Grandchildren.

My Qualifications

- Diploma in Computer Engineering CIT
- 1 Degree ITF Taekwon-Do
- ITF International Instructor

My Key Interests

- ITFNZ since 1991 - Membership Number 1832
- Fishing
- Football

Personal Details

Date of Birth:	16 March 1969
Marital Status	Married
Residence	Auckland, New Zealand
Nationality	New Zealand Passport, Born in Australia
Industry Experience	34+ Years

Contact Details

Mobile Phone	+64 21 2887224
Email	scarver007@gmail.com
Skype	sean.carver
Address	4c Rangiatea Rd Epsom Auckland 1023 New Zealand

Professional Skills

- Technical and thought leadership
- Solution Architecture at an Enterprise level
- Full stack development using multiple stacks from 80s main frames through to modern cloud-based systems, with everything in between

Education

1990 - University of Western Australia

Bachelor of Science in Computing Science and Information Technology

Cannington Senior High School, Western Australia

Year 12 – **Dux Award**
TEE Score 407

Employment History

Employer	Period	Role Characteristics
Downer NZ Ltd	2022 – Current	Senior Business Intelligence Engineer, Full Stack Developer, working for a Corporate
Global Speech Networks Ltd	2020 – 2022	Senior Solution Architect full stack developer working in professional services team for a vendor servicing large enterprise customers.
AGC Networks Ltd	2011 – 2020	Senior Solution Architect full stack developer working in professional services team for a vendor servicing large enterprise customers
Telstra Clear NZ Ltd	2008 – 2010	Senior CTI Engineer / Developer working in a professional services team for a vendor servicing large enterprise customers.
Telecom NZ Ltd	2007 – 2008	Solution Architect in Telecom Design Engineering Group
Telecom NZ Ltd	2006 – 2007	Contract Senior Developer/Integration Specialist/CTI Engineer
Jedis NZ Ltd	2005 – 2006	Senior Developer working on a product for Jedis Ltd
EDS NZ Ltd	2001 – 2005	Contract via EDS to Customer Telecom NZ senior developer, integration specialist, CTI and IVR developer.
IBM NZ Ltd	1999 – 2001	Contract via IBM NZ to Customer Telecom NZ, senior developer, integration specialist, CTI and IVR developer.
Nexus Telecom Ltd	1998 – 1999	Senior developer working on a product for Nexus Telecom Ltd.
IBM NZ Ltd	1995 – 1998	Permanent employee of IBM NZ Ltd – providing services to Telecom NZ Ltd, senior developer, CTI, IVR specialist, integration specialist.
McGirr IT Ltd Sydney	1994 - 1995	Senior developer consultant working for vendor on behalf of corporate clients.
Australian Taxation Office	1991 – 1994	Developer for the Australian Taxation Office working on Main Frame, Unix systems.

Taekwon Do History

Dan Grade	Year	Organisation
5 th Degree	2025	ITF NZ
4 th Degree	2018	ITF NZ
3 rd Degree	2014	ITF NZ
2 nd Degree	1998	ITF NZ
1 st Degree	1989	Tan Taekwon Do Western Australia